

Curriculum Topic Overview 2023-2024

Enrichment opportunities-additional events happening outside of the classroom

Reading/Culture- Inspiring literacy development and building awareness/interest. Books are age appropriate and ones who could purchase for the school libraries.

Year 7	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Enrichment Opportunities	Age related Reading/culture
Tutor time Curriculum	Reciprocal reading Word of the week (WOW) Tutor assembly Whole school assembly Newsround/Oracy/culture	British values Word of the week (WOW) Tutor assembly Whole school assembly Newsround/Oracy/culture	Mental Health Word of the week (WOW) Tutor assembly Whole school assembly Newsround/Oracy/culture	Key math skills/knowledge Word of the week (WOW) Tutor assembly Whole school assembly Newsround/Oracy/culture	Community Project Word of the week (WOW) Tutor assembly Whole school assembly Newsround/Oracy/culture	Love of literature (play) Word of the week (WOW) Tutor assembly Whole school assembly Newsround/Oracy/culture		
ART Department lead: Ms Elliott	Art rotation group one: Fruit and veg observational drawings, colour theory, colouring pencil pear study. Green pepper acrylic study, Penny German artist copy and research, BLM colour study artists.	Formal elements of composition and the Great Masters, watercolour and acrylic comparison. Perspective and colour, oil pastels and colouring pencil bottles, the work of Liam Spencer.	Jim Dine and Cath Riley, everyday objects, common bottles and Georgina Luck. Abstract still life, observational drawings, sectional drawings and the application of watercolours Introduction to Cubism. Response to the work of Hundertwasser.	Art rotation group two: Fruit and veg observational drawings, colour theory, colouring pencil pear study. Green pepper acrylic study, Penny German artist copy and research, BLM colour study artists.	Formal elements of composition and the Great Masters, watercolour and acrylic comparison. Perspective and colour, oil pastels and colouring pencil bottles, the work of Liam Spencer.	Jim Dine and Cath Riley, everyday objects, common bottles and Georgina Luck. Abstract still life, observational drawings, sectional drawings and the application of watercolours Introduction to Cubism. Response to the work of Hundertwasser.	KS3 Art Club	Drawing for the Absolute and Utter Beginner – Claire Watson Garcia The Everything Art Handbook – Walter Foster
COMPUTING Department lead: Ms Tate	Clear messages	Networks	Using Media to communicate	Scratch	MicroBits- Computing fundamentals	Spreadsheets	UK Bebras competition	Blood, sweat and pixels – the triumphant, turbulent stories behind how video games are made by Jason Schreier Computational Fairytales by Jeremy Kubica 100 things to know about numbers, computers and coding
CUMBRIAN AWARD Department lead: Mr Ferrie	Adventure – Grid references and clothing/equipment Science – Air Pollution History – Forestry Commission Geography - Water Pollution	Adventure – Grid references and clothing/equipment Science - Air Pollution History - Forestry Commission Geography - Water Pollution	Geography – Central Business Districts Science - Motion Graphs History - Carlisle Castle	Geography - Central Business Districts Science - Motion Graphs History - Carlisle Castle	Geography – Physical Landscapes Science – The Rock Cycle History – Votes for Women	Geography – Physical Landscapes Science – The Rock Cycle History – Votes for Women	All topics covered culminate in adventure days to Whinlatter (Term 1), Carlisle (Term 2) and Catbells (Term 3)	Trapped in Moonshine Mine – Stories from the Mountains of the Lake District – Chris Rodgers The Time Tunnel – Bill Brown Lakeland Folk Tales for Children – Taffy Thomas
DT & FOOD TECHNOLOGY Department lead: Mrs Telford	Food: Basic skills, looking at kitchen hygiene and personal hygiene.	Food: Basic skills, looking at kitchen hygiene and personal hygiene.	Food: Basic skills, looking at kitchen hygiene and personal hygiene.	Graphics: Perspective drawing, looking at grid enlargements, one-point perspective linking to rooms in the home and mood boards.	Graphics: Perspective drawing, looking at grid enlargements, one-point perspective linking to rooms in the home and mood boards.	Graphics: Perspective drawing, looking at grid enlargements, one-point perspective linking to rooms in the home and mood boards.	Cooking club	The Hungry Student Cook Book by Charlottle Pike 100 things to know about food – Sam Baer, Alice James, Jerome Martin, Rachel Firth, Rose Hall.
ENGLISH Department lead: Mrs McNicholas	Autobiography and transitional drama.	Modern Text ‘Murder Most Unladylike’	The Wonderful World of William Shakespeare.	An Introduction to 19 th Century Texts – Detective stories.	Drama - ‘Our Day Out’ by Willy Russell.	Poetry to Inspire and Engage.	Opportunities to perform extracts from playscripts, Opportunities to write and perform own poems. Presentation at Open Evening on School Values. Writing letters to Malala. Author visit	Much Ado About Nothing The Taming of the Shrew Any comedy poems, especially by Spike Milligan. An Introduction to Shakespeare and life in Elizabethan England. Plays by Willy Russell or any biographies/autobiographies about him. Novels by Robin Stevens.
GEOGRAPHY Department lead: Mrs Smith	Disasters and risky places – would you live there? Featuring Haiti and Japan	How can we apply geographical skills locally?	Is Africa a continent of contrasts? Featuring Ethiopia & Kenya	Is Africa a continent of contrasts? Featuring Ethiopia & Kenya	Tourism – good or bad for Cumbria? Featuring Silloth and Keswick	What happens to water when it reaches the ground? Featuring Storm Desmond	Tourism in Silloth – create questionnaires and interview locals Local water enquiry on school grounds	KS3 revision guide CGP The Water Princess By Susan Verde AND Peter H. Reynolds Ecosystems and how they work by Julie K. Lungren
HISTORY Department lead: Miss Dakers	Norman Conquest	Medieval Realms	Tudor Britain	Elizabethan England	Mughal Empire	English Civil War	Tullie House, Carlisle Castle Inter-house History competition	Horrible Histories: Slimy Stuarts Horrible Histories: Terrible Tudors Horrible Histories: Measly Middle Ages
MATHS Department lead: Miss Brady	Number skills and decimals/Measure, perimeter and area	Expressions and formulae/Fractions, decimals & percentages/Angles and 2D shapes	Sequences and graphs/Analysing and displaying data	Transformations/Equations	Factors and Multiples/Constructions and 3D shapes/Ratio and proportion	Probability/ revision and problem solving	Inter-house maths competition Junior Maths Challenge	The Number Devil Hans Magnus Enzensberger

MUSIC (EXTERNAL) Cumbria Music Service Supported by: Miss Taylor, Miss Hardy, Miss Cuthell & Miss Whittle	1.Control Sounds through Singing and Playing	2. Create and Develop Musical Ideas	3. Respond and Review	4. Listen and Apply Knowledge and Understanding	5. Breadth of Study	Recap and review	Christmas Carol Service performance. Oliver performance between Solway and Silloth primary	I was born this way by Alice Oseman The Mystwick School of Musicraft By Jessica Khoury Music and how it works – the complete guides for kids Right Way to Read Music – Harry and Michael Baxter
PERSONAL DEVELOPMENT (PDEV) Department lead: Mrs Nixon	Relationships ☑ Friendship ☑ Families ☑ Romance ☑ Bullying/Banter ☑ Online bullying. ☑ How to keep safe. ☑ Online Radicalisation.	Relationships • Puberty & emotional wellbeing. • Good mental health. • Puberty • Periods	Health and well being • Healthy Lifestyle. • Balanced diet. • Healthy eating. • What happens if you're not healthy. • What is wrong with energy drinks	Health and well being • How to look after our mind. • First aid. • Dangers in the home and outside.	Living in the Wider World • Being a resilient student. • How to be an aspirational student • Positive self esteem • Needs and wants • Prejudice and discrimination	Living in the Wider World • How do we budget. • Creating a personal budget plan. • How can we shop ethically	Interactive assembly regarding drink and drugs.	Wonder – R.J Palacio. The curious incident of the dog in the night – Mark Haddon.
PHYSICAL EDUCATION (PE) Department lead: Mrs Taylor	Unit 1- Knowledge and Understanding 1. PE, Sports and Physical Activity 2. Fitness 3. Physical Benefits 4. Mental Benefits 5. Social Benefits 6. Emotions and Activity Delivered through basketball	Unit 2- Confidence 1. Confidence 2. Attitudes 3. Positive approaches to PE 4. Comfort Zones 5. Failure 6. Growth Mindset Delivered through fitness and Dance	Unit 3- Movement Competence 1. Competence 2. Practice 3. Skills and Techniques 4. Providing Feedback 5. Acting on Feedback 6. Performance Delivered through gymnastics	Unit 4- Motivation 1. Intrinsic Motivation 2. Extrinsic Motivation 3. Setting Goals 4. Celebrate Progress 5. Persistence 6. Determination Delivered through Tennis	Unit 5- school designed concepts Recap over the years key concepts and knowledge surrounding the school values. Delivered through Cricket/rounders	Unit 6- school designed concepts Recap over the years key concepts and knowledge surrounding the school values. Delivered through Athletics/Rounders	External Sports fixtures-weekly Football club- Mondays Inter- House- every 2 weeks Sports Day- July Premier league football experience- TBC	Kick by Mitch Johnson "Get a Grip, Vivy Cohen!" by Sarah Kapit (SEND accessible) "A Sporting Chance: How Ludwig Guttmann Created the Paralympic Games" by Lori Alexander "The Field" by Baptiste Paul (SEND accessible) "Roller Girl" by Victoria Jamieson
RELIGIOUS EDUCATION (RE) Department lead: Mrs Nixon	Stories from a faith. • Buddhism • Hinduism • Islam • Sikhism • Christianity.	Humanism. To study a non-religious response to the creation of the world.	Rites of Passage. • What happens when we die? • How do we celebrate key moments? • Rites of passage.	Why is Jesus so special. To study the key To study key aspects of Christianity.	Why is Jesus so special. To look at the key aspects of Jesus's life.	Why is Jesus so special. Different parables.	Trip to church Guest speaker – local vicar	The Bible What should Danny do? Gaint & Adir Levy
SCIENCE – BIOLOGY Department lead: Mrs Potts	Working scientifically B1.1 cells B1.2 structure and function of the body system	B1.1 cells	B1.2 structure and function of the body system			B1.3 reproduction	Cumbria award trip Interhouse competition	VI Spy Ajay and the Mumbai Sun Beyond the sky
SCIENCE- CHEMISTRY Department lead: Mrs Potts	Working scientifically C1.1 particles	C1.2 atoms, elements and compounds	C1.3 atoms, elements and compounds	C1.3 atoms, elements and compounds	C1.4 acids and alkalis Practical skills		Cumbria award trip Interhouse competition	VI Spy Ajay and the Mumbai Sun Beyond the sky
SCIENCE- PHYSICS Department lead: Mrs Potts	Working scientifically P1.1 Forces	P1.2 Sound	P1.2 Sound	P1.3 Light	P1.4 Space	P1.4 Space	Cumbria award trip Interhouse competition	VI Spy Ajay and the Mumbai Sun Beyond the sky
SPANISH Miss Rao/Ms Allison	Introductions, numbers, physical and personality descriptions.	Description of Family and Pets	House and Home	My Town and Village, giving opinions and making plans for the weekend	Food and Drink Preferences	School life, school bag and subjects studied.		Manolito Four-Eyes Elvira Lindo Sentence Builders – beginners Gianfranco Conti
Whole school Activities	Whole school Assembly focus: Fresh start, motivation, spiritual, sacrifice, listening, Peace and Rule of law	Whole school Assembly focus: Values, Loyalty, Anti-bullying, Democracy, Preparation, Imagination and Moral.	Whole school Assembly focus: Vision, Prejudice, Suffering, Love, Safety and Bravery.	Whole school Assembly focus: Tolerance, Forgiveness, Social, Respect environment and Dreams.	Whole school Assembly focus: Cultural, Discipline, Individual Liberty, health, Future and Priorities.	Whole school Assembly focus: Experience, trust, Direction, Beliefs, Teamwork and Wisdom.		
CAREERS Department lead: Miss Bracken/Mr Young	<ul style="list-style-type: none"> - Employers' assemblies to have interactions and meaningful encounters with a range of different employers based within Cumbria to enable students to have a broad understanding. - Subject focused career starters based within each subject to highlight to students where each subject can take you - Unifrog lessons to accommodate the subject focused career starters and allow students to research further into different careers - Skills questionnaires and interest's quizzes to see students interests and what careers interest them. 							Shoot Your Shot: A Sport-Inspired Guide to Living Your Best Life "What Colour Is Your Parachute?" by Carol Christen

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ART Department lead: Miss Elliott	Art rotation group one: Mark making title page, Coca Cola cans in pencil and sectional in colour. Fur, Feathers, Scales – feather studies, types of paper, St Hillaire Nelson collage, Brian Wildsmith mono printing and pastel relief.	Marine Life - Vincent Scarpace artist copy, acrylic fish studies, shells – tone, line, cross hatching and stippling. Biro and fine liner sea creatures, observational shells with soft pastel shading, stick and ink.	Bugs, butterflies and moths, revision of mark making, title page, fingerprint bugs with ink, oil pastel beetle observational. Eugene Seguy – polyprint/press print, 3D card layer bugs.	Art rotation group two: Mark making title page, Coca Cola cans in pencil and sectional in colour. Fur, Feathers, Scales – feather studies, types of paper, St Hillaire Nelson collage, Brian Wildsmith mono printing and pastel relief.	Marine Life - Vincent Scarpace artist copy, acrylic fish studies, shells – tone, line, cross hatching and stippling. Biro and fine liner sea creatures, observational shells with soft pastel shading, stick and ink.	Bugs, butterflies and moths, revision of mark making, title page, fingerprint bugs with ink, oil pastel beetle observational. Eugene Seguy – polyprint/press print, 3D card layer bugs.	KS3 Art Club	200 Projects to Strengthen Your Art Skills – Valerie Colston
COMPUTING Department lead: Ms Tate	Media Vector Graphics	Layers of Computer Systems	Developing for the web	From clay to silicon	Mobile App Development	MicroBit health	Inter-house maths competition	The Number Devil Hans Magnus Enzenberger
CUMBRIAN AWARD Department lead: Mr Ferrie	Adventure – Grid references and clothing/equipment Science – Air Pollution History – Forestry Commission Geography - Water Pollution	Adventure – Grid references and clothing/equipment Science – Air Pollution History – Forestry Commission Geography - Water Pollution	Geography – Central Business Districts Science – Motion Graphs History – Carlisle Castle	Geography – Central Business Districts Science – Motion Graphs History – Carlisle Castle	Geography – Physical Landscapes Science – The Rock Cycle History – Votes for Women	Geography – Physical Landscapes Science – The Rock Cycle History – Votes for Women	All topics covered culminate in adventure days to Whinlatter (Term 1), Carlisle (Term 2) and Catbells (Term 3)	Trapped in Moonshine Mine – Stories from the Mountains of the Lake District – Chris Rodgers The Time Tunnel – Bill Brown Lakeland Folk Tales for Children – Taffy Thomas
DT & Food Technology Department lead: Mrs Telford	Food: Breads and pastries, looking at how bread is made, modification, what a success criteria and functions of basic ingredients.	Food: Breads and pastries, looking at how bread is made, modification, what a success criteria and functions of basic ingredients.	Food: Breads and pastries, looking at how bread is made, modification, what a success criteria and functions of basic ingredients.	Textiles: hand puppet Developing understanding, skills and techniques such as embroidery, applique, designing, cutting, and analysing products.	Textiles: hand puppet Developing understanding skills and techniques such as embroidery, applique, designing, cutting, and analysing products.	Textiles: hand puppet Developing understanding skills and techniques such as embroidery, applique, designing, cutting, and analysing products.	Cooking Club	The Hungry Student Cookbook by Charlottle Pike Food Fight! A history of who ate what and why through the ages – National Geographic kids Matilda and The Ramsay Bunch: Tilly's kitchen Takeover – Matilda Ramsay
ENGLISH Department lead: Mrs McNicholas	Modern Text 'My Swordhand is Singing' by Marcus Sedgwick	Non-Fiction – exploring charity leaflets and writing to persuade. Focus on Crisis at Christmas.	William Shakespeare 'Romeo and Juliet' Studying the whole text.	19 th Century Text 'Jekyll and Hyde'	Drama 'Blood Brothers' by Willy Russell.	Poetry	Potential theatre visit. Writing and performing poetry. Assessments with real outcomes – letter writing to local newspaper. Annual Public Speaking competition. Organising a charity event at school for Christmas. Story writing competitions with winners having an audio recording of their story.	Plays, novels written by Willy Russell. Any selections of poetry, especially 19 th Century. Any works by Robert Louis Stevenson. Novels by Marcus Sedgwick.
GEOGRAPHY Department lead: Mrs Smith	Extreme weather – does it affect everyone?	How can we apply geographical skills national & globally?	The Middle East – centre of the world? OR The rise of China – where does it go from here?	The Middle East – centre of the world? OR The rise of China – where does it go from here?	Hamlet to Megacity – can we cope? <i>Featuring Shanghai and New Delhi</i>	Do we have equal rights to water resources? <i>Featuring the Middle East</i>	Studying settlement patterns where students live. What type of settlement do they live in? Debating around controversial issues e.g. Israel vs Palestine	KS3 revision guide CGP Surviving earthquakes by Michael Burgan Rivers and Coasts by Izzi Howell
HISTORY Department lead: Miss Dakers	Age of empire	Transatlantic slave trade	Industrial revolution	First World War	Rise of 20 th century dictators		Historical debate - 'should monuments of controversial historical figures be removed?' Commonwealth Day Ceremony Inter-house History competition	Letters from the Lighthouse, Emma Carroll. Horrible Histories: Barmy British Empire War Horse, Michael Morpurgo
MATHS Department lead: Miss Brady	Number skills and decimals/Measure, perimeter and area	Expressions and formulae/Fractions, decimals & percentages/Angles and 2D shapes	Sequences and graphs/Analysing and displaying data	Transformations/Equations	Factors and Multiples/Constructions and 3D shapes/Ratio and proportion	Probability/ revision and problem solving	Inter-house maths competition Junior Maths Challenge	The Number Devil Hans Magnus Enzensberger
MUSIC (EXTERNAL) Cumbria Music Service	1.Control Sounds through Singing and Playing	2. Create and Develop Musical Ideas	3. Respond and Review	4. Listen and Apply Knowledge and Understanding	5. Breadth of Study	Recap and review	Christmas Carol Service performance. Oliver rehearsals/performance.	I was born this way by ALice Oseman The Mystwick School of Musicraft By Jessica Khoury Biographies by popular musicians. Music and how it works.- Complete guide for kids.
PDEV Department lead: Mrs Nixon	Relationships • Sex and relationships • Consent.	Relationships • Looking after our health.	Health and well being • Addiction • Personal safety	Health and well being • Self Confidence and goals.	Living in the wider world • British Values: Tolerance.	Living in the wider world • Budgeting and saving • How is tax spent.	Interactive assembly regarding drink and drugs.	Wonder – R.J Palacio. The curious incident of the dog in the night – Mark Haddon.

	<ul style="list-style-type: none"> Contraception Dangers of porn Sexting and image Male bodies Domestic conflict. 	<ul style="list-style-type: none"> Vaping. Cancer. Personal Safety. Domestic Conflict. 	<ul style="list-style-type: none"> First aid Teenage Pregnancy 	<ul style="list-style-type: none"> Personal development and targets. Emotional literacy Mindfulness 	<ul style="list-style-type: none"> Who are radical groups. Where does extremism come from. How do leaders attract convicts. 	<ul style="list-style-type: none"> Teamwork Self Employed Communication 		
PHYSICAL EDUCATION (PE) Department lead: Mrs Taylor	Unit 1- Communication 1. Verbal Communication 2. Non-verbal Communication 3. Active Listening 4. Conflict Resolution 5. Asking Questions 6. Providing and Receiving Feedback	Unit 2- Resilience 1. Resilience 2. Embracing Failure 3. Marginal Gains 4. Persistence 5. Be Proactive 6. Growth Mindset	Unit 3- Intra-personal skills 1. Behaviour 2. Empathy 3. Patience 4. Adaptability 5. Coping with Pressure 6. Work Ethic	Unit 4- Emotional intelligence 1. Emotional Intelligence 2. Recognise Emotions 3. Understand Emotions 4. Label Emotions 5. Express Emotions 6. Regulate Emotions	Unit 5- school designed concepts Recap over the years key concepts and knowledge surrounding the school values. Delivered through Cricket/rounders	Unit 6- school designed concepts Recap over the years key concepts and knowledge surrounding the school values. Delivered through Athletics/Rounders	External Sports fixtures- weekly Football club- Mondays Inter- House- every 2 weeks Sports Day- July Premier league football experience- TBC	Kick by Mitch Johnson "Get a Grip, Vivy Cohen!" by Sarah Kapit (SEND accessible) "A Sporting Chance: How Ludwig Guttman Created the Paralympic Games" by Lori Alexander "The Field" by Baptiste Paul (SEND accessible)
RE Department lead: Mrs Nixon	My life my religion. <ul style="list-style-type: none"> Islam Buddhism Sikhism Hinduism Christianity Judaism 	How does religion feel about poverty. <ul style="list-style-type: none"> Local poverty Poverty in UK Global poverty 	Building resilience to extreme. Understand the critical thinking about extremism and terrorism.	Authority. What makes a good leader and different religious leaders.	Anti racist religion. In Islam, Christianity & Judaism.	Anti racist religion In Buddhism, Hinduism & Sikhism	Trip to church Vicar assembly	The Bible What should Danny do? Gaint & Adir Levy
SCIENCE – BIOLOGY Department lead: Mrs Potts		B2.1 health and lifestyle	B2.2 ecosystems	B2.2 ecosystems		B2.3 adaptations	Cumbria award trip Interhouse competition	The upper world Secret Science The Vicious cure
SCIENCE- CHEMISTRY Department lead: Mrs Potts	C2.1 periodic table	C2.2 pure and impure substances		C2.3 metal reactions	C2.4 the earth and atmosphere	C2.4 the earth and atmosphere	Cumbria award trip Interhouse competition	The upper world Secret Science The Vicious cure
SCIENCE- PHYSICS Department lead: Mrs Potts	P2.1 electricity and magnetism		P2.2 energy		P2.3 motion and pressure		Cumbria award trip Interhouse competition	The upper world Secret Science The Vicious cure
SPANISH Miss Rao/Ms Allison	School life, activities in lesson, uniform	Jobs and Future Careers	Daily routine and telling the time.	Sports and Weather	Fashion Choices	Free time and Hobbies	Inter house competitions Spanish Café European World of Languages	Driving Over Lemons: An Optimist in Spain by Chris Stewart Manolito Four-Eyes Elvira Lindo
Whole school Activities	Whole school Assembly focus: Fresh start, motivation, spiritual, sacrifice, listening, Peace & Rule of law	Whole school Assembly focus: Values, Loyalty, Anti-bullying, Democracy, Preparation, Imagination & Moral.	Whole school Assembly focus: Vision, Prejudice, Suffering, Love, Safety & Bravery.	Whole school Assembly focus: Tolerance, Forgiveness, Social, Respect environment & Dreams.	Whole school Assembly focus: Cultural, Discipline, Individual Liberty, health, Future & Priorities.	Whole school Assembly focus: Experience, trust, Direction, Beliefs, Teamwork & Wisdom.		
CAREERS Department lead: Miss Bracken/Mr Young	<ul style="list-style-type: none"> Employers' assemblies to have interactions and meaningful encounters with a range of different employers based within Cumbria to enable students to have a broader understanding. Subject focused career starters based within each subject to highlight to students where each subject can take you Unifrog lessons to accommodate the subject focused career starters and allow students to research further into different careers Skills questionnaires and interests' quizzes to see students interests and what careers interest them 							"Just as You Are: A Teen's Guide to Self-Acceptance and Lasting Self-Esteem"

Year 9	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Enrichment Opportunities	Age related Reading/culture
Tutor time Curriculum	Reciprocal Reading Word of the week (WOW) Tutor assembly Whole school assembly Newsround/Oracy/culture	Mental Health Word of the week (WOW) Tutor assembly Whole school assembly Newsround/Oracy/culture	Community Project/Gardening Word of the week (WOW) Tutor assembly Whole school assembly Newsround/Oracy/culture	PDEV Topic Word of the week (WOW) Tutor assembly Whole school assembly Newsround/Oracy/culture	Peer mentoring/leadership Word of the week (WOW) Tutor assembly Whole school assembly Newsround/Oracy/culture	Maths Life skills Word of the week (WOW) Tutor assembly Whole school assembly Newsround/Oracy/culture		
ART Department lead: Miss Elliott	Art rotation group one: Revision of mark making and gradating. Back to basics with colour theory and developing a drawing. Abstract Art and watercolour circles mini project.	Cubism – flora and fauna colour and tone studies. Picasso and Braque studies – looking at Cubism and linking the work to other modern artists.	Pop Art – artists and their different works and styles. Health and Safety with specialist equipment in the Art room. Revisiting oil pastels and simplifying a secondary source image. Different types of printing.	Art rotation group two: Revision of mark making and gradating. Back to basics with colour theory and developing a drawing. Abstract Art and watercolour circles mini project.	Cubism – flora and fauna colour and tone studies. Picasso and Braque studies – looking at Cubism and linking the work to other modern artists.	Pop Art – artists and their different works and styles. Health and Safety with specialist equipment in the Art room. Revisiting oil pastels and simplifying a secondary source image. Different types of printing.	KS3 Art Club	How to paint abstracts – Barron's Educational Series Abstract Nature – Waltraud Nawratil
COMPUTING Department lead: Ms Tate	Exploring user interface. Design principles and project planning techniques	Exploring user interface. Design principles and project planning techniques	Exploring user interface. Design principles and project planning techniques	Collecting, presenting and interpreting data	Collecting, presenting and interpreting data	Collecting, presenting and interpreting data	Inter-house Computing competition	The Number Devil Hans Magnus Enzenberger
DT & Food Technology Department lead: Mrs Telford	Food: Sauces, looking at food poisoning bacteria, 3R's, high-risk and low-risk foods, temperature control, EHO's and nutritional needs of specific groups.	Food: Sauces, looking at food poisoning bacteria, 3R's, high-risk and low-risk foods, temperature control, EHO's and nutritional needs of specific groups.	Food: Sauces, looking at food poisoning bacteria, 3R's, high-risk and low-risk foods, temperature control, EHO's and nutritional needs of specific groups.	Textiles: Food product Developing understanding, skills and techniques in analysing task briefs, analysing products, designing, making, embroidery stitches, applique, evaluating and assessing.	Textiles: Food product Developing understanding, skills and techniques in analysing task briefs, analysing products, designing, making, embroidery stitches, applique, evaluating and assessing.	Textiles: Food product Developing understanding, skills and techniques in analysing task briefs, analysing products, designing, making, embroidery stitches, applique, evaluating and assessing.	Cooking club	Red sauce Brown sauce – Felicity Cloake I'll try anything once - Prue Leith Blood, Sweat and Tyres - The Hairy Bikers Playing with fire – Gordon Ramsay Humble pie – Gordon Ramsay
ENGLISH Department lead: Mrs McNicholas	Modern Text - 'Of Mice and Men' incorporating non-fiction resources exploring prejudice in 1920's America.	See Unit 1	Shakespeare - Macbeth	19 th Century Texts – Exploring Charles Dickens.	Drama – DNA by Dennis Kelly	Exploring poems from other cultures and traditions.	Presentation of an areas of civil rights highlighted through the studying of, 'Mice and Men'. Research into local workhouses and Charles Dickens connections to West Cumbria. Annual Public Speaking competition.	Novels by John Steinbeck - 'The Grapes of Wrath' 'The Pearl'. Selection of poems from other cultures and traditions. 19 th Century Gothic novels – Dracula, The Woman in Black. Plays by William Shakespeare. Plays by Dennis Kelly. Non-fiction texts on Civil Rights in America in the 1920's.
GEOGRAPHY Department lead: Mrs Smith	Extreme environments – what are the threats? <i>Featuring Antarctica & The Sahara Desert</i>	How can we use numerical and statistical skills in a geographical context?	Russia – a world superpower?	Russia – a world superpower?	Where do people settle and how does it change over time? <i>Featuring UK & Australia</i>	Is our coast under threat? <i>Featuring Solway Coast</i>	Coastal visit to study coastal erosion and how it is managed	KS3 revision guide CGP The Extreme Climate by Michael Goodman How population change will transform our world by Sarah Harper
HISTORY Department lead: Miss Dakers	World War 2	The Holocaust	The Cold War	The Cold War	Post-War Britain	Post-War Britain	Holocaust Memorial Day Inter-house History competition	The Boy in Striped Pyjamas, John Boyne The Book Thief, Markus Zusak
MATHS Department lead: Miss Brady	Number skills and decimals/Measure, perimeter and area	Expressions and formulae/Fractions, decimals & percentages/Angles and 2D shapes	Sequences and graphs/Analysing and displaying data	Transformations/Equations	Factors and Multiples/Constructions and 3D shapes/Ratio and proportion	Probability/ revision and problem solving	Inter-house maths competition	Alex's Adventures in Numberland Alex Bellos
PDEV Department lead: Mrs Nixon	Relationships <ul style="list-style-type: none"> Body image Domestic Violence Child sex exploitation Peer pressure British Culture LGBTQ 	Relationships <ul style="list-style-type: none"> Good mental health Behave to achieve Developing interpersonal skills. Discrimination and equality Growth mindset 	Health and well being <ul style="list-style-type: none"> Alcohol awareness Drugs and the law Blood donation Self-harm 	Health and well being <ul style="list-style-type: none"> Why do we have rules? Human rights. Interpersonal skills 	Living in the Wider World <ul style="list-style-type: none"> Coping with stress Managing anxiety Selfie obsession Discrimination and equality. 	Living in the Wider World. <ul style="list-style-type: none"> Human trafficking How and why people in the UK help others. How does the law deal with young offenders Why do teens get involved with knife crime. 	Interactive assembly regarding drink and drugs	Wonder – R.J Palacio. The curious incident of the dog in the night – Mark Haddon.
PHYSICAL EDUCATION (PE) Department lead: Mrs Taylor	Unit 1- Sporting values 1. Respect 2. Etiquette 3. Fair play 4. Determination 5. Equality 6. Courage	Unit 2- Redefining Competition 1. Self-Determination Theory – Part 1 2. Self-Determination Theory – Part 2 3. Winning & Losing 4. Rising to the Challenge 5. Competing Against Yourself 6. Co-operation & Competition	Unit 3- Problem solving 1. Identify the Problem 2. Gather Information 3. Collaboration 4. Planning 5. Decision Making 6. Reflection	Unit 4- Power of positivity 1. Fixed Mindset 2. Growth Mindset 3. Look for Positives 4. Perspective 5. Spread Positivity 6. Handle Criticism	Unit 5- school designed concepts Recap over the years key concepts and knowledge surrounding the school values. Delivered through Mountain walk or adventure	Unit 6- school designed concepts Recap over the years key concepts and knowledge surrounding the school values. Delivered through Athletics/Rounders	External Sports fixtures- weekly Football club- Mondays Inter- House- every 2 weeks Sports Day- July Premier league football experience- TBC	"Dragon Hoops" by Gene Luen Yang "A Sporting Chance: How Ludwig Guttmann Created the Paralympic Games" by Lori Alexander "The Field" by Baptiste Paul (SEND accessible)
RE Department lead: Mrs Nixon	Where do we come from. Different responses to the universe and creation.	Religion crime and punishment. Theories on crime and capital punishment.	Religious beliefs and practices – Islam. Challenging stereotypes and find similarities.	Types of Christianity Looking at passages in the Bible. Pagan traditions.	Types of Christianity Catholic denominators.	Into to Christianity The Orthodox church.	Trip to church Vicar assembly	The Bible What should Danny do? Gaint & Adir Levy

SCIENCE – BIOLOGY Department lead: Mrs Potts	BH: B3.1 cell structure SOL: B3.1 cell structure	BH: B 3.1 cell structure B 3.2 cell division SOL: B 3.1 cell structure B 3.2 cell division	BH: B 3.2 cell division B 3.3 organisation and digestive system SOL: B 3.3 organisation and digestive system	BH: B 3.3 organisation and digestive system SOL: B 3.4 organising animals and plants	BH: B 3. 4 organising animals and plants SOL: B 3. 4 organising animals and plants	BH: B 3. 4 organising animals and plants SOL: B 3. 4 organising animals and plants	Interhouse competition	The block The upper world Periodic table
SCIENCE- CHEMISTRY Department lead: Mrs Potts	BH: C3.1 atomic structure SOL: C3.1 atomic structure	BH: C3.2 periodic table SOL: C3.1 atomic structure	BH: C3.3 structure and bonding SOL: C3.1 atomic structure	BH: C3.3 structure and bonding C3.4 Chemical calculations SOL: C3.2 periodic table C3.3 structure and bonding	BH: C3.4 Chemical calculations SOL: C3.2 periodic table C3.3 structure and bonding	BH: C3.5 chemical changes SOL: C3.2 periodic table C3.4 Chemical calculations	Interhouse competition	The block The upper world Periodic table
SCIENCE- PHYSICS Department lead: Mrs Potts	BH: P3.1 conservation of energy P3.3 energy resources SOL: P3.1 conservation of energy	BH: P3.1 conservation of energy P3.3 energy resources SOL: P3.2 energy transfer by heating	BH: P3.1 conservation of energy P3.3 energy resources P3.4 Electric circuits SOL: P3.3 energy resources	BH: P3.2 energy transfer by heating P3.4 Electric circuits SOL: P3.4 Electric circuits	BH: P3.2 energy transfer by heating P3.4 Electric circuits SOL: N/A	BH: P3.2 energy transfer by heating P3.4 Electric circuits SOL: N/A	Interhouse competition	The block The upper world Periodic table
SPANISH Miss Rao/Ms Allison	Holidays using Present tense	Holidays using Past, Present and Future tenses	Diet and healthy eating	Healthy lifestyle Illness and Injury	Illness and Injury	Music and Technology Role Models	Iner house competitions Spanish Café European World of Languages	The Little Matador by Julian Hector Hot Milk by Deborah Levy
Whole school Activities	Whole school Assembly focus: Fresh start, motivation, spiritual, sacrifice, listening, Peace & Rule of law	Whole school Assembly focus: Values, Loyalty, Anti-bullying, Democracy, Preparation, Imagination & Moral.	Whole school Assembly focus: Vision, Prejudice, Suffering, Love, Safety & Bravery.	Whole school Assembly focus: Tolerance, Forgiveness, Social, Respect environment & Dreams.	Whole school Assembly focus: Cultural, Discipline, Individual Liberty, health, Future & Priorities.	Whole school Assembly focus: Experience, trust, Direction, Beliefs, Teamwork & Wisdom.		
CAREERS Department lead: Miss Bracken/Mr Young	<ul style="list-style-type: none"> - Employers' assemblies to have interactions and meaningful encounters with a range of different employers based within Cumbria to enable students to have a broader understanding. - Subject focused career starters based within each subject to highlight to students where each subject can take you - Unifrog lessons to accommodate the subject focused career starters and allow students to research further into different careers - Skills questionnaires and interests' quizzes to see students interests and what careers interest them. - Year 9 1:1 guidance interview to enable students further support when choosing their options - Hello future workshops 						"The Body Image Book for Girls: Love Yourself and Grow Up Fearless" Careers: The Graphic Guide to Finding the Perfect Job for You" by DK	

Year 10	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Enrichment Opportunities	Age related Reading/culture
Tutor time Curriculum	Reciprocal Reading Recall/Retention Tutor assembly Whole school assembly Newsround/Oracy/culture	RE Recall/Retention Tutor assembly Whole school assembly Newsround/Oracy/culture	Maths life skills Recall/Retention Tutor assembly Whole school assembly Newsround/Oracy/culture	Computing Recall/Retention Tutor assembly Whole school assembly Newsround/Oracy/culture	Mental Health/Study Skills Recall/Retention Tutor assembly Whole school assembly Newsround/Oracy/culture	PDEV Topic Recall/Retention Tutor assembly Whole school assembly Newsround/Oracy/culture		
ART Department lead: Miss Elliott	Art History timeline. 'Our Town' mini-introductory project. Architectural details – John Piper and John Ruskin, primary and secondary source research. Textures and surfaces.	Architectural details – Ian Murphy, Modroc and modelling. Antoni Gaudi response.	Architectural details – final piece – response to 'layers'.	Natural Forms – Georgia O'Keeffe, skulls, driftwood and stones – observational drawing.	Continued response to Georgia O'Keeffe - shells and surfaces, exploring colouring methods, observational drawing and photography	Natural Forms – primary source photography, revisiting printing methods.	KS4 After School Art Club at each Federation School Potential gallery visits depending on exhibitions available.	Gaudi Photobook – Chloe Mora Aesthetic Architecture for kids and teens – DC Arts O'Keeffe - Britta Benke
DT & Food Technology Department lead: Mrs Telford	The hospitality and catering industry. Food related causes of ill health	Food related causes of ill health Symptoms and signs of food-induced ill health	Food allergies and intolerances. Food safety legislation	Food safety legislation	Understanding the importance of nutrition Factors affecting menu planning	How cooking methods impact can impact on nutritional value How to plan production	Cooking club	Notes from a Young Black Chef – Kwame Onwuachi and Joshua David Stein Jamie Oliver – King of the kitchen – Jamie Oliver and Stafford Hildred Devil in the kitchen – Marco Pierre White and James Steen White slave – Marco Pierre White
ENGLISH Department lead: Mrs McNicholas	Literature Paper 2 Section A 'Macbeth'	Literature Paper 1N 'A Christmas Carol' Language Paper 2	Literature Paper 1 Section B 'A Christmas Carol'	Literature Paper 1P Anthology Poetry Language Paper 1	Literature Paper 1M 'An Inspector Calls'	English Language Spoken Language Endorsement	Possible theatre visit to see, 'Macbeth' 'A Christmas Carol' and/or, 'An Inspector Calls.' Also, GCSE Poetry live. Spoken Language could be delivered to a wider audience.	Reading a variety of Fiction and non-fiction texts to understand the different audiences, purposes and forms. Revision of 'Macbeth', 'A Christmas Carol', 'An Inspector Calls' and/or, 'Blood Brothers'.
GEOGRAPHY Department lead: Mrs Smith	GCSE OCR A Unit 1.1 - UK Landscapes formed by water (to recap from Year 9 where this was introduced)	1.2 People of the UK	1.2 People of the UK	1.3 UK Environmental Challenges Paper 3 Geographical Skills and Fieldtrips	1.3 UK Environmental Challenges Paper 3 Geographical Skills and Fieldtrips	2.1 Ecosystems of the Planet	Field trips involving investigations of quality of life in cities (Carlisle) and how a river changes from sources to mouth (Glenderaterra Beck)	OCR A GCSE Geography revision guide The Keswick & Workington Floods David Ramshaw Breathe by Sarah Crossan
HISTORY Department lead: Miss Dakers	AQA: Conflict and Tension, 1918-1939	AQA: Conflict and Tension, 1918-1939	AQA: Conflict and Tension, 1918-1939	AQA: USA Opportunity and Inequality, 1920-73	AQA: USA Opportunity and Inequality, 1920-73	AQA: USA Opportunity and Inequality, 1920-73	Black History Month Remembrance Assembly	Of Mice and Men, John Steinbeck The Grapes of Wrath, John Steinbeck To Kill a Mockingbird, Harper Lee
MATHS Department lead: Miss Brady	Number and calculations/Algebraic expressions/Angles and polygons	Handling Data/Fractions, decimals and percentages	Formulae and functions/Working in 2D	Probability/Measures and Accuracy	Equations and inequalities/Circles and constructions	Ratio and proportion/Factors, powers and roots/revision	Inter-house maths competition	Alex's Adventures in Numberland Alex Bellos The Infinite Book John D Barrow
PDEV Department lead: Mrs Nixon	Relationships Conflict management Forced and arranged marriage Harassment & Stalking Revenge Porn Role Models	Relationships Same sex relationships Gender & transgender Community Cohesion Sexism and gender Parenting	Health and well being Grief and Bereavement Suicide Social anxiety Social media Self esteem	Health and well being Screen time Judgement and comparison	Living in the wider world Living sustainably Managing time effectively Homelessness	Living in the wider world Tattoos and piercings Binge drinking Hate crime	Interactive assembly regarding drink and drugs	Wonder – R.J Palacio. The curious incident of the dog in the night – Mark Haddon.
PHYSICAL EDUCATION (PE) Department lead: Mrs Taylor	Unit 1- Effective teams 1. Roles 2. Communication 3. Problem Solving 4. Embracing Collaboration 5. Shared Goal 6. Conflict Resolution	Unit 2- attitudes and behaviours 1. Attitudes and Behaviour 2. Honesty 3. Confidence 4. Commitment 5. Enthusiasm 6. Positivity	Unit 3- Fulfilling Potential Employability 1. Managing Time 2. Commitment to Development 3. Drive & Initiative 4. Analysing & Investigating 5. Teamwork & Communication	Unit 4- Self-reflection 1. Self-Reflection 2. Self-Improvement 3. Self-Care 4. Self-Efficacy 5. Self-Appraisal 6. Self-Help	Unit 5- school designed concepts Recap over the years key concepts and knowledge surrounding the school values. Delivered through Mountain Rounders/Cricket	Unit 6- school designed concepts Recap over the years key concepts and knowledge surrounding the school values. Delivered through Athletics/Rounders	External Sports fixtures- weekly Football club- Mondays Inter- House- every 2 weeks Sports Day- July Premier league football experience- TBC	
PHYSICAL EDUCATION, BTEC SPORT STUDIES Department lead: Mrs Taylor	Component 1: Preparing Participants to Take Part in Sport and Physical Activity	Component 1: Preparing Participants to Take Part in Sport and Physical Activity	Component 1: Preparing Participants to Take Part in Sport and Physical Activity	Component 1: Preparing Participants to Take Part in Sport and Physical Activity Assessment component 1 Component 2: Taking Part and Improving Other Participants Sporting Performance	Component 2: Taking Part and Improving Other Participants Sporting Performance	Component 2: Taking Part and Improving Other Participants Sporting Performance	External Sports fixtures- weekly Football club- Mondays Inter- House- every 2 weeks Sports Day- July Premier league football experience- TBC	"Dragon Hoops" by Gene Luen Yang "A Sporting Chance: How Ludwig Guttmann Created the Paralympic Games" by Lori Alexander "Above All Else" by Dana Alison Levy "The Edge of Anything" by Nora Carpenter Shalaway.
SCIENCE – BIOLOGY Department lead: Mrs Potts	BH: B4 organising animals and plants B10 the human nervous system SOL: B5 communicable diseases B10 the human nervous system	BH: B5 communicable diseases B10 the human nervous system B11 hormonal coordination SOL: B5 communicable diseases B10 the human nervous system B11 hormonal coordination	BH: B5 communicable diseases B11 hormonal coordination SOL: B6 Preventing and treating diseases B11 hormonal coordination	BH: B6 Preventing and treating diseases B11 hormonal coordination B12 homeostasis coordination SOL: B7 non-communicable diseases B12 homeostasis coordination	BH: B8 photosynthesis B12 homeostasis coordination B13 Genetics and reproduction SOL: B8 photosynthesis B12 homeostasis coordination	BH: B13 Genetics and reproduction SOL: B9 respiration B13 Genetics and reproduction	Interhouse competition Revision	The ash house Periodic table AQA Biology revision guide
SCIENCE- CHEMISTRY	BH:	BH:	BH:	BH:	BH:	BH:	Interhouse competition	The ash house

Department lead: Mrs Potts	C5 energy changes SOL: C6 electrolysis C4 chemical calculations	C5 energy changes C6 electrolysis SOL: C6 electrolysis C5 energy changes	C6 electrolysis C7 energy changes SOL: C7 energy changes C5 energy changes	C7 energy changes C8 rates and equilibrium SOL: C7 energy changes C8 rates and equilibrium C9 crude oil and fuels	C8 rates and equilibrium SOL: C7 energy changes C9 crude oil and fuels C10 organic reactions	C8 rates and equilibrium C9 crude oil and fuels SOL: C9 crude oil and fuels	revision	Periodic table AQA Chemistry revision guide
SCIENCE- PHYSICS Department lead: Mrs Potts	BH: P5 Electricity in the home SOL: P4 Electric circuits P6 Molecules and matter	BH: P6 Molecules and matter SOL: P5 Electricity in the home P6 Molecules and matter	BH: P7 radioactivity SOL: P7 radioactivity P8 Forces in balance	BH: SOL: P8 Forces in balance	BH: P8 Forces in balance SOL: P9 Motion	BH: P9 Motion P10 force and motion SOL: P10 Force and motion	Interhouse competition Revision	The ash house Periodic table AQA Physics revision guide
SPANISH Miss Rao/Ms Allison	Theme 1: Identity and culture Self, family and friends Technology	Theme 1: Identity and culture Free time activities Music and TV	Theme 1: Identity and Culture Festivals and Customs	Theme 2: Local, International and Global Areas of Interest Travel and Tourism	Theme 2: Local, International and Global Areas of Interest Volunteering and Healthy Lifestyles	Theme 2: Local, International and Global Areas of Interest Environment and Social Issues	Interhouse Competitions Spanish Food Taster event	The Shadow of the Wind by Carlos Ruiz Zafon Only in Spain: A Foot-Stomping, Firecracker of a Memoir about Food, Flamenco, and Falling in Love by Nellie Bennett
Whole school Activities	Whole school Assembly focus: Fresh start, motivation, spiritual, sacrifice, listening, Peace & Rule of law	Whole school Assembly focus: Values, Loyalty, Anti-bullying, Democracy, Preparation, Imagination & Moral.	Whole school Assembly focus: Vision, Prejudice, Suffering, Love, Safety & Bravery.	Whole school Assembly focus: Tolerance, Forgiveness, Social, Respect environment & Dreams.	Whole school Assembly focus: Cultural, Discipline, Individual Liberty, health, Future & Priorities.	Whole school Assembly focus: Experience, trust, Direction, Beliefs, Teamwork & Wisdom.		
CAREERS Department lead: Miss Bracken/Mr Young	<ul style="list-style-type: none"> - Employers' assemblies to have interactions and meaningful encounters with a range of different employers based within Cumbria to enable students to have a broader understanding. - Subject focused career starters based within each subject to highlight to students where each subject can take you - Work experience - Career workshops- CV writing, cover letters, applying for jobs. - Options to start to look around different providers- careers conventions, open days/ evenings that are offered to attend - Careers fairs - Potential to look into mock interviews in year 10/11 - Hello future 							The Ultimate Self-Esteem Workbook for Teens" The Success Principles for Teens" by Jack Canfield

Year 11	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Enrichment Opportunities	Age related Reading/culture
Tutor time Curriculum	Reciprocal Reading Recall/Retention Tutor assembly Whole school assembly Newsround/Oracy/culture	RE Recall/Retention Tutor assembly Whole school assembly Newsround/Oracy/culture	Computing Recall/Retention Tutor assembly Whole school assembly Newsround/Oracy/culture	Maths Life skills Recall/Retention Tutor assembly Whole school assembly Newsround/Oracy/culture	Mental Health/Study Skills Recall/Retention Tutor assembly Whole school assembly Newsround/Oracy/culture	Leavers assembly and Prom		
ART Department lead: Miss Elliott	Personal study and 'mini mock' preparation. Seed heads/cacti and succulents, Modroc 3D boards. Exploring the work of Laura McKendry.	Yellena James ink and bleach, primary and secondary source research.	Preparation for Externally Set Assignment.	Preparation for Externally Set Assignment.	Timed Externally Set Assignment.	Display and moderator visit.	KS4 After School Art Club at each Federation School	The Art of Drawing: Flowers, fruit and vegetables – Giovanni Civardi
DT & Food Technology Department lead: Mrs Telford	Coursework tasks	Coursework tasks/practical exam	AO Revision booklets	Revision – past papers	Revision - past papers		Cooking club	WJEC Hospitality & Catering revision guide
ENGLISH Department lead: Mrs McNicholas	Revision Literature Paper 2 - 'Macbeth'	Revision Literature Paper 1P – Anthology Poetry Mock Exams December Revision Language Paper 2 Mock Exams December	Post Mock Focus – Literature Paper 2 'Macbeth' Post Mock Focus – Language Paper 1	Revision – Language Paper 1 Revision – Literature Paper 1N 'A Christmas Carol'	Exams		Walking talking mock exams. After school revision sessions.	CPG revision guides for all aspects of the Language and Literature GCSE exams. 'Essays for Excellence' by Becky Jones and Laura Webb.
GEOGRAPHY Department lead: Mrs Smith	GCSE OCR A: Unit 2.2 People of the Planet	GCSE OCR A: Unit 2.2 People of the Planet	GCSE OCR A: Unit 2.3 Environmental Threats to our Planet	GCSE OCR A: Paper 3 Geographical Skills and Fieldwork Revision	Exams		Field trips involving investigations of quality of life in cities (Carlisle) and how a river changes from sources to mouth (Glenderaterra Beck)	OCR A GCSE Geography revision guide COOL: Women Leaders Reversing Global Warming by Paola Gianturco and Avery Sangster Breathe by Sarah Crossan
HISTORY Department lead: Miss Dakers	AQA: Britain, Health and the People	AQA: Britain, Health and the People	AQA: Normans	AQA: Normans			Historical enquiry – site visit	
MATHS Department lead: Miss Brady	Graphs(1)/Working in 3D	Handling Data/Calculations/Graphs(2)	Pythagoras and Trigonometry	The probability of combined events	Sequences	Units and proportionality Exam practice/revision	Inter-house maths competition Higher Intensive Maths Days	The Infinite Book John D Barrow
PDEV Department lead: Mrs Nixon	Relationships <ul style="list-style-type: none"> Body Shaming Types of relationships Consent and sexual abuse Safe sex Happiness and positivity 	Relationships Health and wellbeing PSHE and why it is important Identity and diversity White Privilege Fertility and reproduction	Health and well being How to look after mind and bodies during exams.	Health and well being How to manage time correctly and how to create a manageable timetable.	Living in the wider world Finance for the future. How to prepare for the next stage of life.	Living in the Wider world How to work towards goals. Preparing for different situations after GCSE.	Interactive assembly regarding drink and drugs	Wonder – R.J Palacio. The curious incident of the dog in the night – Mark Haddon.
PHYSICAL EDUCATION (PE) Department lead: Mrs Taylor	Unit 1- Health and Well-being 1. Health & Fitness 2. Aerobic & Anaerobic Exercise 3. Activity & Social Health 4. Activity & Mental Health 5. Short-Term Effects of Exercise 6. Long- Term Effects of Exercise	Unit 2- Engagement post 16 Competition 1. Personal Fitness 2. Socially Active 3. Training for Purpose 4. Maintaining Health 5. Enjoyment	Unit 3- Remaining Active 1. Self-Identity 2. Habits 3. Attitudes and motivators 4. Physical Literacy 5. Positive Approaches to Physical Activity 6. What Motivates you to Engage in Physical Activity?	The journey continues, stress relief and well-being support through exercise	The journey continues, stress relief and well-being support through exercise			
PHYSICAL EDUCATION, BTEC SPORT STUDIES Department lead: Mrs Taylor	Component 2: Taking Part and Improving Other Participants Sporting Performance	Component 2: Taking Part and Improving Other Participants Sporting Performance Assessment Component 2 Component 3: Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity	Component 3: Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity	Component 3: Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity Assessment component 3	C End of the course Building into next destinations	End of the course Building into next destinations	External Sports fixtures- weekly Football club- Mondays Inter- House- every 2 weeks Sports Day- July Premier league football experience- TBC	"Dragon Hoops" by Gene Luen Yang "A Sporting Chance: How Ludwig Guttmann Created the Paralympic Games" by Lori Alexander "Above All Else" by Dana Alison Levy "The Edge of Anything" by Nora Carpenter Shalaway
SCIENCE – BIOLOGY Department lead: Mrs Potts	BH: B13 reproduction B14 variation and evolution SOL: B13 reproduction B14 variation and evolution B15 genetics and evolution	BH: B14 variation and evolution B15 genetics and evolution SOL: B14 variation and evolution B15 genetics and evolution	BH: B15 genetics and evolution B16 adaptations SOL: B16 adaptations B17 organising ecosystems B18 diversity and ecosystems	BH: B17 organising ecosystems B18 diversity and ecosystems SOL: B17 organising ecosystems B18 diversity and ecosystems	BH: B18 diversity and ecosystems SOL: B17 organising ecosystems B18 diversity and ecosystems	BH: Revision SOL: Revision	Interhouse competition Revision Science days	The ash house Periodic table AQA Biology revision guide
SCIENCE- CHEMISTRY Department lead: Mrs Potts	BH: C11 polymers C13 the earth's atmosphere SOL: C8 rates and equilibrium	BH: C11 polymers C12 chemical analysis C14 the earth's resources SOL: C9 crude oils and fuels	BH: C12 chemical analysis C15 using our resources SOL: C10 organic reactions C13 the earth's atmosphere	BH: C12 chemical analysis C15 using our resources SOL: C11 polymers	BH: C12 chemical analysis SOL: C12 chemical analysis C13 the earth's atmosphere C14 the earth's resources C15 using our resources	BH: Revision SOL: Revision	Interhouse competition Revision Science days	The ash house Periodic table AQA Chemistry revision guide

SCIENCE- PHYSICS Department lead: Mrs Potts	BH: P8 Forces in balance P11 Force and pressure SOL: P11 Force and pressure	BH: P8 Forces in balance P12 Wave properties SOL: P5 Electricity in the home P11 Force and pressure P12 Wave properties	BH: P10 Force and motion P13 Electromagnetic waves SOL: P12 Wave properties	BH: P10 Force and motion P14 Light SOL: P13 Electromagnetic waves	BH: P10 Force and motion P15 Electromagnetism P16 Space SOL: P14 Light P15 Electromagnetism P16 Space	Revision & Exams	Interhouse competition Revision Science days	The ash house Periodic table AQA Physics revision guide
SPANISH Miss Rao/Ms Allison	Theme 3: Current and Future Study My School Studies	Theme 3: Current and Future Study Life at School	Theme 3: School life and education post-16	Theme 3: Current and future study Careers and future ambitions	Oral exams	Revision	GCSE Revision after school Spanish Food Breakfast Club GCSE Revision Spanish GCSE drop ins	The Fountains of Silence by Ruta Sepetys For Whom the Bell Tolls by Ernest Hemingway
Whole school Activities	Whole school Assembly focus: Fresh start, motivation, spiritual, sacrifice, listening, Peace & Rule of law	Whole school Assembly focus: Values, Loyalty, Anti-bullying, Democracy, Preparation, Imagination & Moral.	Whole school Assembly focus: Vision, Prejudice, Suffering, Love, Safety & Bravery.	Whole school Assembly focus: Tolerance, Forgiveness, Social, Respect environment & Dreams.	Whole school Assembly focus: Cultural, Discipline, Individual Liberty, health, Future & Priorities.	Whole school Assembly focus: Experience, trust, Direction, Beliefs, Teamwork & Wisdom.		
CAREERS Department lead: Miss Bracken/Mr Young	<ul style="list-style-type: none"> - Employers' assemblies to have interactions and meaningful encounters with a range of different employers based within Cumbria to enable students to have a broader understanding. - Subject focused career starters based within each subject to highlight to students where each subject can take you - Inspira Interviews- 1:1 with Andrew Wallam in Oct/Nov and then Mar/Apr helping them apply for different post 16 education opportunities - Options to start to look around different providers- careers conventions, open days/ evenings that are offered to attend - Students are shown around Colleges and Sixth forms to provide them with more information. - World at Workdays- introduces students to the wider world of work and what different options are available to them. - Interview and application support from different providers to provide further guidance for students - Information around school on post 16 opportunities, on top of information provided to students on a regular basis- apprenticeships, college/ sixth form applications, navy/ army applications. - Evaluations forms based on their encounters to see where they need support and how as a federation, we can act on this. - Careers fairs - Potential to look into mock interviews in year 10/11 - Hello future workshops 							The Mindfulness Journal for Teens: Prompts and Practices to Help You Stay Cool, Calm, and Present Do What You Are" by Paul D. Tieger