

# Solway Community Technology College Newsletter No.20

**W**elcome back to all our pupils, including the new Year 7 starters and to all staff after what I hope was a refreshing and revitalizing summer break.



October '13



**C**ongratulations to **Mrs Potts** on her recent marriage and to **Mr & Mrs Hailwood** on the birth of baby Matthew. We are relieved all went well and are looking forward to meeting the new arrival.



**C**ongratulations too go to last years Year 11s who managed to achieve the best ever 5A\*-C grades including English and Maths at 52%, for the school. Well done! We also are delighted with the 68% good GCSE grades they achieved, with again, no unclassifieds at all. We wish them every success with their choice of post 16 options, whether they have moved on to sixth form, college or an apprenticeship.

The year continues with decisions made by the Government which will no doubt have adverse effects on pupils; the most recent being to accept only the first result for pupils, not any subsequent resits for GCSEs. This was announced with out any regard to the provisions school had already made or the efforts put in by pupils. I do hope you will understand our difficult position here; we always want the best for all our pupils.

It was once again a very busy summer for our site and support teams. **Mr Tatlock** successfully refurbished the ladies toilets. Contractors completed the works to make the old isolation room watertight, with a new roof and ceiling installed. We now also have new external pupil doors, with brand new keypads and state of the art electronic locks, and we have created a new vestibule where visitors can shelter from the rain and wind while they are waiting to be welcomed into the building. These improvements to our doors have improved security significantly and have made the building much safer for staff and pupils. Thank you to the whole team who worked so hard during the holidays to get this work completed.

**Mrs L Baird**  
Headteacher



## Sharman News

This week we asked Sharman Year 11 pupils to lead our house assembly. The theme was "Being a good pupil". Here is what they came up with.

### Being a good pupil – By Joel Baker

To become a good pupil you need to do things such as:

- Do homework on time
- Answer questions / take part in lessons
- Don't get detentions!
- Get as many smart marks and praise postcards as possible
- Have a good, positive attitude to learning

Putting effort into work is important and will benefit you later on in your school time. Being stupid or negative in lessons and not doing work could cause problems in the future. Putting in hard work will pay off and the benefits are huge. But this can only be done by being positive and willing to learn. It will be recognised by teachers and they will appreciate it when you are being good in lessons.

Nothing is more disappointing than when you don't get your grade which you expected and everyone else has met their targets. It happened to me and I can only blame myself. I am now re-sitting that exam but I am making sure that I'm positive, willing and trying my hardest to learn. My attitude has changed and I'm more focused on getting that grade that I'm targeted.

Try to ignore the distractions in lessons and don't be afraid to tell other people in the class to shut up! You don't want to mess your exams up because I know people that have been negative, stupid and silly in school and now they have no options on what to do. On the other hand, people that have stuck in, been a GOOD pupil and tried hard have got loads of options because they have got the grades they wanted.

Becoming a good pupil can be hard and you might be skitted for trying your hardest in lesson, but remember, it will pay off!  
Be a good pupil!

Joel Baker – Head Boy

## Year 9 Creative Choices

Creative Choices is a educational career programme dedicated to helping young people develop an understanding of career opportunities in the creative and cultural industries. The aim is to provide a range of informative fun activities for the young people to experience the variety of different careers associated with the Theatre. All of Year 9 Solway pupils were given this opportunity at The Theatre by the Lake in Keswick on Friday 4<sup>th</sup> October.



Our pupils were put into groups with pupils from other local schools and each group took part in three activities over the course of the day. Activities included:-Acting, Lighting, Sound, Stage management, Props, Front of house, Education, Directing,

Marketing and Journalism.

All our pupils were a credit to our school, both well behaved and enthusiastic. The day passed extremely quickly as they learnt about the variety of careers and enjoyed most of the workshops.





## The Music department

has started visiting our feeder Primary Schools this term. The Year 11 GCSE pupils; **Dan, Luke, Paul, Kimberley and Katie**, with **Mr Kirby** are running workshops for the Primary pupils who learn to play the full range of Samba instruments. At the end of the afternoon they perform for parents, relatives and friends including a walking Samba band presentation.

We are pleased to be able to start offering music instrument lessons for our Key Stage 3 pupils. Initially we hope to be able to provide tuition on guitar, violin, clarinet and flute. A small bank of instruments is available to borrow from school. There are also rent/buy options available. Please contact school for instrument loan and tuition details.

If you have any unwanted instruments in cupboards or lofts please contact school.

Year 11 pupil **Dan Rothwell** and **Rachel Collins** who left Solway last summer to take up an apprenticeship at Innovia, provided the music for the Civic Service at Christ Church for Silloth Mayor Mr Tony Markley, which was very well received by all guests.

The Tuesday Music Club is open to all pupils from Year 7 to 11 after school in the music room.



## Fund raising

On Friday 25<sup>th</sup> October the whole school will be in the pink, raising money from a non uniform day and bake sale in aid of breast cancer research.

Each House will be pitted against each other to raise the most money for this worthy cause. Many thanks to pupils and parents for their baking. Visitors, friends and family are welcome to join us for tea, coffee and cake. Please bring a friend; the more the merrier.

**10:15 to 11:00 Friday 25<sup>th</sup> October**



# News from the PTA

## Date for your diary - Community Christmas Concert

### Friday 29<sup>th</sup> November 2013

I don't know if anyone can remember the community concerts we used to have in our school hall? **Well its back!** We are holding it on Friday **29<sup>th</sup> November at 6.30** with refreshments being provided from 6.00: mulled wine, coffee, shortbread and mince pies. There will hopefully be performances by the local Brownies from Silloth and Abbeytown, School band and Samba Band, Cumberland Dialect and entertainment from some of our local primary schools. Tickets will be £3/£2 for concessions with under 5s free and they will be on sale from 11<sup>th</sup> November. We don't expect it to last after 8pm so there will still be time to go home and then hit town.



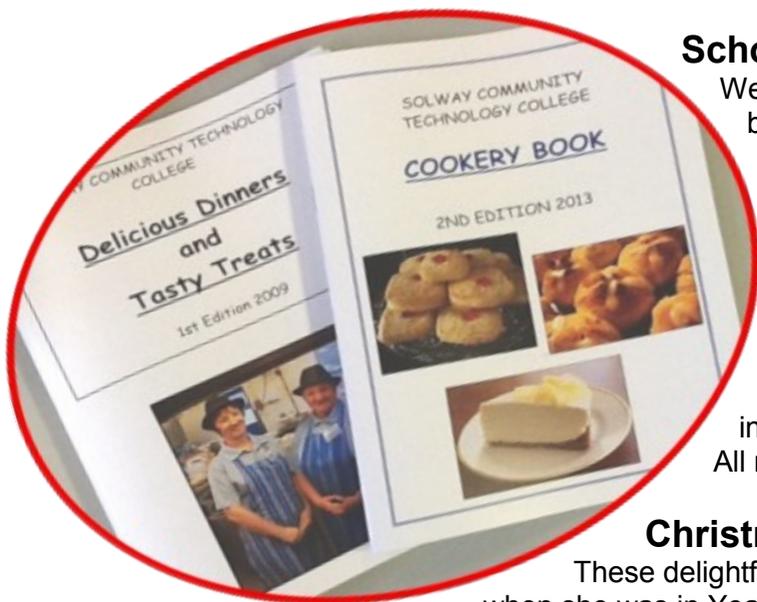
**S**mart Mark  
winner 2012-13 of  
the PTA ipod touch

### Promises Auction

About 3 years ago the PTA organised a Promises Auction in the Golf Hotel that raised over £2300 ! That's a staggering amount of money for such a small outfit as ours and we couldn't have done it without the generosity of local people. We are having another one in April when I hope that we can raise just as much. Please put this in your diary as a great night out and a chance to bag a bargain. Last time we had all sorts of things from a bottle of Jack Daniels to a UPVC door, 2 hours cleaning to 1 ton of logs.

### What have we bought since the last update?

We have provided another electronic device of choice to the pupil with the most Smart Marks in school, bought drums for the Music Department, provided trophies for the House Competitions which have undergone a relaunch for this year. These include both sporting and non sporting activities: basketball to photography, dodgeball to cup cake design.



### School Recipe Books

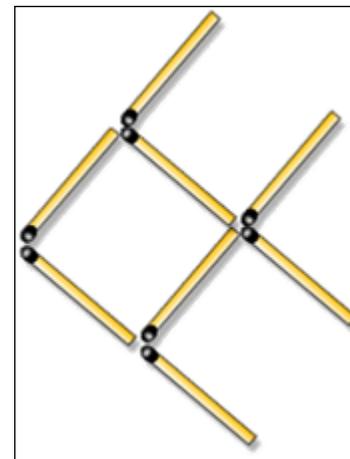
We have 2 editions available now at £4 each or both for £7.

This is your chance to bag a bargain for a Christmas present or just to add to the collection of recipe books. They make a great starter cookery book for someone leaving the nest to be independent or as they go to Uni. The recipes are all used in school on a regular basis and are very simple to follow using ingredients found easily.

All money raised goes back into the kitchen.

### Christmas Cards

These delightful cards, designed by **Sophie Pinguey** when she was in Year 8 will be on sale at £1 each or a pack for £4



### Maths Problem

Turn the fish around by moving only 3 matches, no overlapping.  
Mr Hailwood has the matchsticks in school. First pupil to show him a correct solution will win a praise postcard!

See if you can work it out at home?

## Sports Day

Sports day was a fun and very competitive day with pupils participating from every year group. The House rivalry was strong as usual which motivated the pupils to give 100% effort. There were some brilliant performances from KS3 and KS4.

There were some excellent results in the throwing events;

**Leah Richardson**, Discus (14.1m),

**Merrick Adams**, Javelin (10.35m),

**BillyJoe Weir**, Shot Putt (10m),

**Phillip Clark**, Javelin (35.20m).



The 100m was very competitive and the victors were **Madeleine Yarnold** and **Spencer Irving** from the Juniors, **Luke Rumney** and **Ellie Scott** from the Seniors. The Triple and Long Jumpers also gave excellent performances with **Tyler Cook**, **Luke Rumney**, **Ben Goodman**, **Jenny Sim**, **Sophie Pinguey**, **Emily Smith** and **Carmen Neilly** gaining first place for their House.

All pupils supported their Houses and participated whole heartedly. However, there can only be one winner and this year with outstanding performances from **Ellie Scott**, **Skye Woodford**, **Amy Armstrong**, **Phillip Clark**, **Lorna de Mello**, **Mary Williamson**, **Ben Goodman**, **Emily Smith**, **Madison McGuirk** and **Lucy Martin**,

**Franklin** rose to the top



Well done to everyone who participated!

## Cheerleading in Olympic Week

The pupils took part in Cheerleading during Olympic Week and worked together, as a House, in order to produce a show stopping routine.

Excellent leadership skills were shown when creating the routine, particularly from **Ellie Jackson** and **Abbygail Peacock** who choreographed the majority of the routine for their houses. Pupils demonstrated team work and creativity, in order to produce the best possible routine. The boys were good sports and joined in to support their House. They showed excellent gymnastic skills and were very enthusiastic. The performances were excellent and performed to a high standard.



## Chess club

We have been delighted with the high attendance at the a lunchtime chess club. **Mr Hailwood** recently started running the club after the success of a chess competition during Olympic week. So much so that we ran out of chess sets last week! If you have a spare set you would like to donate to the school that would be wonderful.

Pupils who have not yet been to the club can still attend. It is held on Tuesday lunchtimes, just see Mr Hailwood at breaktime for an early lunch pass. All ages and abilities are welcome.

Who knows, maybe you are UK's next Grandmaster.



# THE TRAGEDY OF **MACBETH** by *William Shakespeare*

On 14 November 2013 we are taking pupils from all year groups to tread the boards of Theatre by the Lake, Keswick as part of the Shakespeare Schools' Festival.

In the evening the audience will be treated to a performance of *Macbeth* by ourselves, as well 3 other schools performing *Midsummer Night's Dream*, *The Tempest* and *Hamlet*. We have been frantically rehearsing since September and we are very proud of all the pupils and what they have achieved. Being involved with the "Scottish Play" has helped the pupils have a greater understanding of the works of Shakespeare and also enjoy themselves along the way.

**Mrs Schafer**, Deputy Head, is our wonderful Director and has had to think outside the box in her directorial debut. On Monday 7 October the cast went along to Theatre by the Lake for a workshop with professionals which we found very useful and let the pupils get the feel of the theatre.

Please come along to support all our actors and technical staff from Solway School on 14<sup>th</sup> November at 7p.m.

Tickets are available from The Theatre by the Lake Box Office on 017687 74411, priced at £8.00 or £6.00 concession.



Good luck to all involved in the production.

## **A**ttendance - Mrs Quinn

Attendance continues to be a focus of school as we know that pupils don't learn the syllabus if they aren't in school. We have 62% (89) of our pupils on 100% which is fantastic but we'd like more to be in the upper 90s than are there currently. I know that if pupils have had a holiday or illness of a few days it can affect their % especially after so few weeks of the academic year. They can soon catch up. The attendance of every pupil is monitored on a daily basis and as soon as it becomes a concern the pupil is spoken to by me. If things don't improve this may then lead on to a referral to the Inclusion Officer for our school.

### **Autumn Term Attendance Awards**

So far this term, we have given out Attendance Awards to the House and form with the best attendance each week, as follows;

**Dalton** have won twice

**Sharman** have won twice

**Franklin** once

**Newton** once

It's a great source of competition in school!!

We have also had one form achieving 100% attendance who were pleased to receive toast the following morning as a treat.

Well done 11AQ

There is also a monthly draw of the pupils who have 100% attendance where the winner receives £10.

**Remember, school attendance really matters!**

We are collecting these vouchers in school. Please bring them to Reception.

**Sainsbury's**

We are  
Active Kids **2013**

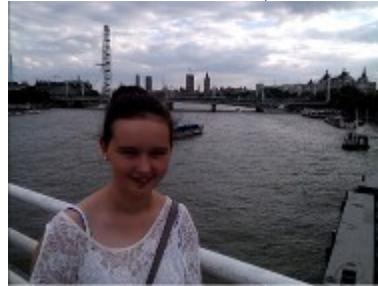




## Young Doctors' Summer school

Alicia was fortunate to be able to spend time during the summer break taking part in an introduction to the world of medicine for younger students at University of London Union in Bloomsbury . Academic sessions covered **Dealing with Patients, Haematology, Radiology, Cardiology and Suturing,**

interspersed with fun and enjoyable activities which are designed to test and apply the theoretical knowledge gained. Students took part in practical activities, like learning how to suture a wound and in role play and case study scenarios, where they took the role of practitioners and consultants – diagnosing and recommending treatment options. There were also experiments, group work and quizzes on each day.



## Borrowdale 2013 Year 7 Residential

It was a great start for all of our Year 7s to be able to get to know each other away from the classroom, and it's one of the advantages of being a small school that we could take everyone out together for three days of activities staying at Borrowdale Youth Hostel.

This year the weather was almost perfect. The first evening we walked up Dale head from Honister in the mist, which was all very atmospheric and gave a taste of what mountains could be like when the weather was bad, but on the Thursday, it was warm and still for the two wet sessions run by Hawesend Centre – Ghyll Running and Canoe Rafting; Friday was cool in the morning for our annual trek up Skiddaw while we were walking uphill, but the sun shone once we were near the top so we had a tremendous view (the first year ever) while we had our picnic and tried to spot everyone's homes using the orientation table on the summit. It was so warm later that everyone chose ice cream rather than hot chocolate at Dodd Wood tearoom!

The favourite activity must be the Ghyll Running with its mixture of laughs and adrenaline, closely followed by canoeing on Derwentwater and leaping off the jetties. Borrowdale Youth Hostel is a delightful place where the staff are really friendly, Mr Sunter can wear his lime green onesie and the ghosts don't keep you awake too long; the only complaint from many was that they wanted to stay for three weeks rather than three days.



## Cream teas

Families, Staff and Governors were treated to a splendid spread at the first Cream Tea event courtesy of the Hospitality and Catering group. Such a lovely occasion. We should do it every week!





## Organ donor poetry

Mrs Scholey's English groups have produced some lovely poems on the theme of organ donation. A heart rending decision to be made at a most difficult time, but one which gives the gift of life.

### Organ Donation.

A gift of life which will live on.  
The biggest choice that anyone can make.  
Death comes but death could help life.  
The circle of life comes with sorrow,  
Emotion and sometimes a lot of joy.  
Every donor will be remembered.

A loss becomes a gift of life  
But is so very, very sad.  
Remember your soul can live on  
and your body has done something  
To be very proud of.

It might be a hard decision but  
It's worth it.  
Think what it will mean to others.  
Your achievements will live on.  
It can be your destiny.  
Memories of you will live on  
As we remember what YOU did.

Bayli Cottam  
Age 13

### The Road Ahead

Life, the most precious luxury.  
Why waste it?  
The body is a mere shell  
Used while the soul is earthbound.  
We care for it, treat it lovingly,  
Tend to it when it falls ill.  
The fact of life is that we all die.  
It's upsetting...  
But we all have our time.  
Death!  
The deadly five letter word.  
When it comes  
We must grab it by the horns  
And fight!  
When it does succeed  
It should be when you are ready.  
Your time, place and way.  
Not as an infant child  
Young,  
Needing an organ  
Kidney perhaps?  
Liver? Lung?  
Having their whole life ahead of them...  
First birthday,  
Learning how to ride a bike  
And swim with no arm bands.  
GCSE results.  
First job, first wage.  
Finding yourself.  
Settling down, marriage  
Children and children of their children.  
Golden anniversary.  
Death at an old age, surrounded by loved ones.  
NOT in a hospital bed at the age of ten,  
Waiting for an organ that may sadly never come  
Unless  
YOU help, as an individual.  
Help fight their battle  
When you have lost yours.  
Donate.  
Save a life.  
Think about a person  
And being in their shoes just for a day.  
Please,  
Help!

Jake Nichol  
Age 14

### Thanks to You!

I'd just like to thank you for everything.  
You, yes you have turned my frown upside down.  
I would have cried every single night.  
But thanks to you, you made everything alright.  
I would have been in pain all of the time  
But thanks to you, you have made my smile shine!  
I would have been down on myself a lot  
But thanks to you I'm fine – I kid you not.  
I would have been depressed every day  
But thanks to you I can go and play.  
I would have been terrified of dying  
But thanks to you I'm no longer crying.  
I would have been really tired and weak  
But thanks to you its energy I keep.  
I would have been buried in a coffin  
But thanks to you I'm alive and hoppin'!

Abbie Peacock  
Age 13

### Organ Donation

I'm nervous...  
No, I'm terrified.  
My eyes are wide,  
They're magnified.  
'But please, Joe,  
I'll save you now,  
I'll take my bow.  
I don't know how,  
But I will save you'.

My sugar bun,  
My heart she won.  
Her job was done.  
She gave me a kidney  
So our life will go on.  
Any troubles? None.  
Hearts joined as one.  
My dear wife.  
My gift from life.

Chloe Smith  
Age 13



**Pupil leadership group 2013-14**

Lead prefects	Lead learners	Lead Peer mentor	House Captain	Sports Captains	Head Girl / Boy	School Council leader
Carmen Neilly	Grace Cook	Katie Swan	Hannah Beck	Amy Hocking	Joel Baker	Charlie Stewart
Dan Rothwell	Amy Hocking		Beth Stephenson	Reece Blake	Amy Armstrong	
	Joseph Fogg		Molly Thomas	Philip Clark		
	Molly Thomas		Lucy Winter	Stacey Strick		
	Vicky Witter			Luke Rumney		
	Patrick Yarnold			Jenny Sim		
				Andrew Wise		
				Megan Kendall		

**S**chool Council members for 2013 - 2014

- Dalton :  
Ell'e Jackson  
Callum Spence
- Franklin :  
Dexter Johnson  
Lorna de Mello
- Newton :  
Eve Scott  
David Williamson
- Sharman:  
Jess Swan  
Vincent Barulis
- 11AQ :  
Charlie Stewart  
Amy Armstrong
- 11KJ :  
Ashley Fisher  
Joel Baker

**E**mail  
If you wish to receive school letters and the newsletter by email and you are not already on our mailing list, or should you wish to comment on anything in this newsletter, or give us your views on any other school matters please email [office@solway.cumbria.sch.uk](mailto:office@solway.cumbria.sch.uk)

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Head teacher: Mrs. Lois Baird B.A.

## Olympic Week July 2013

“Olympic Week” is a time when pupils take part in a curriculum enrichment programme primarily aimed at developing skills of team working and communication as well as an understanding of community cohesion.

Through a variety of planned activities and visits pupils have the opportunity to develop knowledge and understanding of the importance of these skills and the need to both respect and understand the views of others to be able to work together in our ever changing modern world.

As usual, our pupils entered into the spirit of Olympic week and took part in a wide variety of activities from working with members of our local community including the Silloth Lifeboat crew and members of the Silloth First Responders completing the Heart Start basic first aid course, to team building activities like Cave Rescue and Fashion Design.

All activities are run as a house competition with points for completing the task and participating fully.

This year all the houses worked extremely hard and by the end of the week the results were really close and are as follows:

**Franklin 437 points,  
Sharman 398 points and both  
Dalton and Newton 382 points.**

An integral element of this Olympic week was the planned visits aimed at developing some understanding of different communities and faiths. All pupils had the opportunity to take part in a visit with Years 7 and 8 spending a day at the Samye Ling Monastery and Tibetan Buddhist centre high in the mountains of Eskdalemuir and Years 9 and 10 travelling to Newcastle where they visited an Orthodox Synagogue and the Newcastle University Mosque. Both visits were very successful with pupils and staff gaining an in-sight into the culture and beliefs of these three major faiths. It was a pleasure to accompany our pupils and many compliments were expressed concerning how well mannered and polite they all were.

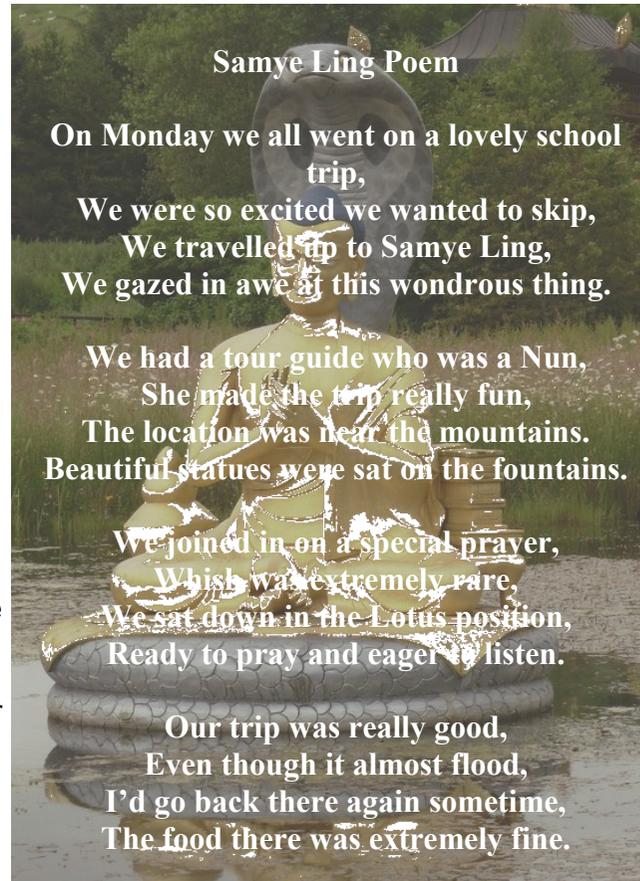


# R E Trips and visits



On Monday 18th July 2013, Years 7 and 8s went on a trip to Samye Ling based in the mountains of Eskdalemuir. We all enjoyed learning about the Monks and Nuns and about the life of Buddha. Just before lunch we went to see the Temple. When we went in we had to be extremely quiet and take our shoes off beforehand. When we sat down we learned how to sit properly in the Lotus position with our backs straight, eyes shut and shoulders back. The Temple was really colourful and the detail and effort they had put into it was stunning. The prayer wheels that stood either side of the Temple room generate positive energy and radiate it out in all directions, planting the seed of peace and compassion everywhere.

There is a television in one of the rooms and Monks are allowed phones to contact their family or friends



## Prayer Wheel

As people walk round the Stupa clockwise reciting prayers, their path takes them through the prayer wheel house where they turn the prayer wheels as they pass through. The prayer wheels contain millions of short prayers. There are 1400 sheets of paper in each wheel and each sheet has been blessed with saffron water and dutsi. They are then stuck together, attached to the roll and placed inside the metal case. The cases were made in Nepal and have a mantra on the outside in both the Tibetan script and the ancient Lanza script.



## Life of a Buddhist Monk

### Daily Routine

6-7am	Tara Prayers
7-8am	Breakfast
8-9am	Meditation Session
10-12.30am	Teaching Session
12.30-1.30pm	Lunch
1.30-3pm	Mahakala Prayers
3-5.30pm	Teaching or working
5-6pm	Meditation Session
6-7pm	Supper
7-7.45pm	Chenrezik Prayers
10.00pm	Temple closed and quiet time

There is an extra prayer session in the evening on a Sunday.

# CHRISTMAS CAKE CLUB

Starts Tuesday 5<sup>th</sup> November 2013  
3.15pm – 5pm in the Food Room

If you are a pupil at our school or a Parent of a pupil at our school and would like to make a Christmas cake this year, do come and join us on a Tuesday after school. Please bring with you the following ingredients for your cake and remember to also bring an 8" loose bottomed cake tin. All cakes will be finished in time for the annual Christmas Cake Exhibition on Wednesday 7<sup>th</sup> December.

## Recipe

225g flour  
5ml (1tbp) mixed spice  
2.5ml (1/2 tsp) ground nutmeg  
5ml (1tsp) cocoa powder  
175g butter  
175g soft brown sugar  
15ml (1tbsp) black treacle  
5ml (1tsp) each grated orange and lemon rind  
4eggs  
550g mixed dried fruit ( currants, sultanas and raisins)  
100g chopped mixed peel  
50g chopped walnuts or blanched almonds  
50g dates, chopped  
50g glazed cherries chopped  
15ml (1tbsp fresh milk



**We look forward to seeing you.**



## Internet safety

We take this very seriously in school for both staff and pupils. It's why we have restrictions on our school system and why we prefer pupils not to:  
access Facebook in school,  
take pictures using their phones in school or  
use any of the other social networking sites.

Every pupil is given training in how to be safe on the internet but despite that some are on Facebook when they are too young. They are unable to cope with what they see and read, much of which is inappropriate, in an adult way, they have no privacy settings and post pictures which anyone is able to see. We frequently deal with unhappy pupils arising from something that has happened on Facebook; an unkind post, a comment about a photograph. For some reason when they write things at home they forget they have to face the person in reality the next day!



## I nternational Day of Peace

During the first weeks of this term, pupils in Year 9 have been working hard on planning activities and creating displays for the **International Day of Peace**. Pupils worked independently researching and writing case studies about the conflicts that are currently happening in our world. These detailed pieces of work then formed an impressive display in our hall, clearly illustrating that Peace is a state we all need to strive towards. Various activities were planned and practised to be undertaken with years 5 and 6 pupils from Silloth. Year 9 pupils took their activities over to the Junior School and spent a really productive afternoon with the young people. The young pupils really enjoyed the activities, making a Peace Dove and writing a Peace Poem.

During the week building up to World Peace day, pupils from all year groups produced a Peace Hand and a Peace Dove that then formed part of the larger display in the hall.



# I nter house competitions

## Y ear 8 Celebration Cake project

I should like to say a big well done to our Year 8 pupils who have completed the Celebration Cake project. All pupils worked extremely hard throughout this work and produced nicely risen cakes which they then decorated to their own design. I do hope that some of them choose to continue developing their skills in cake decoration through the Christmas Cake club due to start on Tuesday 5<sup>th</sup> November 2013.



## Inter house Football champions 2013-14



**Congratulations** to Sharman for winning the KS4 boys football competition, and to **Dalton** for winning the overall trophy.

**Congratulations** to Newton for winning the KS4 mixed netball competition, and to **Franklin** for winning the overall trophy.

Current standing	Points	Participation Points	Total
Dalton	440	42	482
Franklin	400	33	433
Sharman	360	35	395
Newton	320	34	346

The graphic features a blue background with a pink bin at the bottom. At the top left, it says 'Footsteps4Harry' with a logo of a foot and the text 'any unwanted shoes along to your nearest shoe bin.' Below this, a cloud says 'Join in and order a bin for your school or office?'. In the center, a cloud says 'for every pair of shoes given, we will receive 35p!' and another cloud says 'The shoes will then be sent to deprived areas in West Africa as affordable footwear!' with a map of Africa. On the right, a vertical bar shows 'shoes have been donated so far?' with a scale from 0 to 1,000,000. At the bottom left, it says 'To order your bin, call: 0800 018 6333 or click here'.

## About the Project.

Off back to school and last year's shoes don't fit? Bought some trainers but never been out running? A shoe fanatic looking to go to shoe re-hab??

## Don't just throw them away!!

You can support Harry by using our "Footsteps4Harry" shoe bin at school,.

## What Happens to the Shoes?

The shoes will then be sorted and packaged by BCR Global who will ship them to economically deprived areas in West Africa where they will provide an affordable form of footwear for struggling communities in that area.

**For every pair of shoes you donate HelpHarryHelpOthers will receive 35p to help us in our efforts!**

This campaign was started by the incredibly brave Harry Moseley. Whilst battling an inoperable brain tumour, Harry was inspired to make a difference to all people with brain cancer when a friend of his who also had a brain tumour became very ill. Within the space of just over two years Harry had organised and attended nearly 100 events to raise money for and awareness of Brain Cancer. He touched the hearts of the nation with his efforts and helped change the lives of everyone he met.

**SUPPORT HARRY, SUPPORT AFRICA....  
AND CUT DOWN POLLUTION THROUGH  
RECYCLING!**

## Angry Aztecs Creative Day for Year 6s

By popular request, we again welcomed our feeder primary schools for a fun creative day on the 24<sup>th</sup> September, all on the theme of Aztecs.

In a packed day, everyone took part in a range of activities: trampolining with Miss Malkinson; making Aztec headdresses with Mrs Bell; tribal drumming with Mr Kirby and Drama with a gruesome twist led by Mr Green.

All in all, it was an enjoyable way of getting to know a bit more about secondary school, meeting and mixing with our pupils and sampling the excellent school dinners we have here, so thanks to all the Year 8 pupils who made the whole event run smoothly.



# Calendar 2013-14

## October

- 21/10/2013 M SSF rehearsal p1&2 Allerdale Youth Council 5:30-7:30 @Silloth town council  
 22/10/2013 T SSF rehearsal p4&5  
 23/10/2013 W Yr 6 Tech day Abbeytown 9-11am / SFS rehearsal 3-4pm Year 7-11 Netball at home Samba band to HStC pm  
 Newton Rigg Open Day Yr 11 10-2pm  
 24/10/2013 Th Gideons Assembly Yr 7s ESH p1 Yr 10 & 11 CV writing ECITB roadshow pm Yr 11&10 RMT Netball tournament Yr 9  
 25/10/2013 F Pink Day Cake sale - Cancer Awareness non-uniform Rising Sun trust 'Know' project p 4&5 in RE PC Hunton Assembly Yr7-9 Internet safety  
 Shoe box appeal deadline



## Half term holiday Monday 28<sup>th</sup> October - Friday 1<sup>st</sup> November

## November

- 04/11/2013 M Anti bullying fortnight  
 05/11/2013 T **3:15-5pm Christmas cake club weeks 9-13** Theatre by the Lake 'An Inspector Calls' trip  
 06/11/2013 W SFS rehearsal 3-4pm Years 7-11 Netball away Stainburn **Awards' Evening 7pm**  
 07/11/2013 Th RSC trip Newcastle to 'Alls well that ends well' performance  
 11/11/2013 M Remembrance Day assembly  
 12/11/2013 T Yr 9 Speed dating STEM ambassadors **3:15-5pm Christmas cake club**  
 13/11/2013 W SFS rehearsal 3-4pm  
 14/11/2013 Th Yr8 girls HPV am Shakespeare schools Performance Day Rehearsal 1:30 - 5pm then evening performance 7pm  
 15/11/2013 F Airline Day Yr 9s all day  
 16/11/2013 S Energus - Engineering Awareness Day 10-3pm  
 18/11/2013 M Vicar - assembly - Commitment Allerdale Youth Council 5:30-7:30 @Workington town council Road safety week / Switch off fortnight  
 19/11/2013 T Big Bang Fair Yr10 am Year 5 Maths day **3:15-5pm Christmas cake club**  
 21/11/2013 Th School of dreams  
 22/11/2013 F ESH p2 Yr 10 & 11 On line presence School of dreams  
 26/11/2013 T Yr 11 Art mock Rotary Junior Masterchef competition p1+2 **3:15-5pm Christmas cake club**  
 27/11/2013 W Yr 11 & Yr 10 Art mock Years 7-11 Netball at home to Cockermouth  
 29/11/2013 F **6:30 Community Christmas concert PTA**



## December

- 02/12/2013 M Yr 10 + 11 Mock exams  
 03/12/2013 T Yr 10 + 11 Mock exams NSPCC Number Day **3:15-5pm Christmas cake club**  
 04/12/2013 W Christmas Lunch Yr 10 (if appropriate) + 11 Mock exams Christmas Cake display  
 05/12/2013 Th Yr 10 + 11 Mock exams  
 06/12/2013 F Yr 10 + 11 Mock exams Banquet practical p3-5  
 07/12/2013 S GCSE Hospitality Banquet  
 09/12/2013 M Allerdale Youth Council 5:30-7:30 @ Cockermouth town council  
 11/12/2013 W **Christmas Community Roast Dinner Day 1:15**  
 12/12/2013 Th Yr 11 RMT controlled practical all day  
 13/12/2013 F Yr 10 to Life Centre, Newcastle  
 17/12/2013 T Y7 - 11 L & M home to Parents Carol Service - pm Yr 8 Technology Xmas Enterprise Market Break / Lunchtime  
 18/12/2013 W Talent show am Finish 1.05pm



## Christmas holiday Thursday 19<sup>th</sup> December - Friday 3<sup>rd</sup> Jan 2014